



**EMBASSY  
SUITES**  
by Hilton™  
Seattle North Lynnwood

# Embassy Suites Event Lunch Menu





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# Lunch Buffet

## All Buffets include Coffee, Hot Teas & Iced Tea 20 Guest Minimum, Price Per Person

### Cascades Deli | 35

Smoked Turkey, Roast Beef & Ham  
Cheddar, Swiss & Provolone  
Lettuce, Tomatoes, Pickles, Red Onions  
Mayonnaise, Dijon & Grain Mustard  
Chef's Selection of Bakery Breads & Rolls  
Pasta Salad and Potato Salad  
Individual Bags of Potato Chips  
Assorted Warm Cookies  
& Brownies



### Pacific Northwest Deli | 42

Pepperoni, Smoked Ham,  
Smoked Salmon  
Grilled Chipotle Glazed Shrimp  
Mozzarella, Provolone, Cheddar  
Cream Cheese Spread, Green Tomato Jalapeno Spread  
Balsamic Fig Mostarda Spread  
Lettuce, Tomatoes, Red Onions  
Chef's Selection of Rolls  
Vegetable Pasta Salad  
Grilled Potato Salad With Chiles and Basil  
Individual Bags of Potato Chips  
Assorted Warm Baked Cookies

### Tuscany | 40

Garden Bounty Panzanella Salad  
Tomato Basil Tortellini  
Penne Alla Vodka  
Balsamic Roasted Seasonal Vegetables  
Chicken Parmesan  
Bistecca alla Fiorentina  
Garlic Breadsticks  
Tiramisu



### Farm To Table | 48

Fresh Berries, Spinach, & Arugula Salad  
Champagne Vinaigrette & Lime-Honey Fruit Salad  
Caramelized Salmon  
Chili-Garlic Grilled Chicken, Avocado-Cherry Salsa  
Roasted Yukon Gold Potatoes  
Roasted Vegetables & Warm Rolls  
Cheesecake

### Lynnwood Picnic | 45

Tropical Salad  
Macaroni & Cheese  
Vegetarian Baked Beans & Seasonal Vegetables  
House-Made Barbecue Sauce on St. Louis Ribs & Grilled  
Chicken Breast  
Jalapeno Cheddar Cornbread Muffins, Whipped Honey & Butter  
Apple Cobbler & Ice Cream  
Smoked Sliced Brisket | 6

V=Vegetarian, VV=Vegan, AG=Avoids Gluten



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# Light Lunch Buffets

**Buffet includes Coffee, Hot Tea & Iced Tea**

**20 Guest Minimum, Price Per Person**

## **Baked Potatoes | 30**

Baked Potatoes & Sweet Potatoes

Meatless Chili

Bacon Bits

Broccoli Florets Sauces: Warm

Queso,

BBQ Sauce & Siracha

Toppers: Sour Cream, Scallions, Jal-  
apenos,

Shredded Cheese, Garlic Butter, Salt & Pepper



## **Italia Bar | 32**

Caesar Salad

Chicken Parmesan

Penne Pasta & Cavatappi Pasta

Pasta Sauces: Marinara & Alfredo

Garlic Bread, Roasted Vegetables

Add Meat Balls | 4

Add Lasagna | 5



## **Taco Bar | 33**

Northwest Garden Mix, Assorted Dressings

Spanish Rice

Black Bean & Jalapeno Corn Salad

Refried Beans

Seasoned Ground Beef

Vegetables Fajitas

Warm Soft Flour & Soft Corn Tortillas

Toppings: Lettuce, Shredded Cheese,  
Tomatoes, Sour Cream, Salsa

Add Shredded Chicken or Pork | 7

Add Guacamole | 4



## All Plated Lunch

**Entrées Include Choice of One Starter  
Salad and One Dessert Course, Freshly  
Brewed Coffee, Hot Tea & Iced Tea**

### Price Per Person

#### Choice of One Salad

##### Seattle Salad

Mixed Baby Greens, Dried Cranberries, Candied Walnuts,  
Peppered Goat Cheese Coin, Sherry Shallot Dressing

##### Cascade Salad

Field Greens, Cucumber Ribbons, Grape Tomatoes,  
Shredded Carrots, Balsamic Vinaigrette

##### Little Gem Salad

Romaine, Croutons, Cucumbers, Kalamata Olives, Sliced  
Grape Tomatoes, Caesar Dressing

#### Choice of One Dessert

##### Assorted Macaroons AG

Fresh Fruit & Berries, Whipped Cream

##### New York Cheesecake

Topped with Port Macerated Berries

##### Flourless Chocolate Cake AG

Topped with Macerated Berries



##### Marinated Grilled Flat Iron Steak | 35

Chimichurri Sauce, Roasted Cipollini Onions,  
Roasted Potatoes, Balsamic Glaze

##### Foraged Local Mushroom Meatloaf | 30

Sour Cream & Chives, Mashed Potatoes, Blistered Heir-  
loom Cherry Tomatoes

##### Maple Bourbon Glazed Chicken | 33

Brussels Sprouts, Chipotle Dusted Tater Tot's, Pickled  
Sweet Pepper

##### Roasted Local Salmon | 37

Blackberry Compote, Roasted Potatoes,  
Chef's Choice Vegetables

#### Vegetarian & Vegan Entrees

##### Seasonal Raviolis | 29

Shallot & Garlic Cream, Roasted Young Vegetables,  
Shaved Parmesan V

##### Tofu & Eggplant Stir-Fry | 27

Onions, Pepper, Tofu, Eggplant Stir-Fry, Fried Rice,  
Carrots & Peas VV, AG

##### Roasted Portobello Mushroom | 28

Spinach, Herbs, Braised Lentils, Mozzarella,  
Ribbon Zucchini, Patty Pan Squash, Red  
Pepper Syrup & Balsamic Glaze V, AG

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# Grab & Go Lunches

## All Grab-and-Go Lunches

Include Whole Fruit, Cookie, Bottled Water, Bag of Chips

Choose up to 3 Selections, Price Per Person | 29

### Prime Rib Ciabatta

Caramelized Onions, Provolone

### Turkey Avocado Sandwich

9 Grain Whole Wheat Bread

Crisp Leaf Lettuce, Vine Ripe

Tomatoes, Provolone Cheese

### Italian Ciabatta

Pepperoni, Salami, Arugula, Basil

### Roast Chicken Ciabatta

Arugula, Basil, Roma Tomato, Mozzarella

### Cajun Pulled Pork Ciabatta

Bacon, Cheddar, Pickle Chips

### Smoked Salmon Egg Salad Croissant

Baby Spinach, Vine Ripe Tomatoes



### Veggie Sandwich

Sliced Cucumbers, Avocado, Red Onion,

Baby Lettuce, Vine Ripe Tomatoes,

Hummus, Sundried Tomato Aioli

Choice of Regular Bread or Gluten Free Bread

### Chef's Salad

Mixed Greens, Mesquite Turkey, Honey Ham

Tillamook Cheddar, Swiss, Vine Ripe Tomato,

Red Onion, Hardboiled Egg, Ranch Dressing

### Chicken Caesar Salad

Chopped Romaine, Grilled Chicken Breast

Caesar Dressing, Croutons, Parmesan

### Pacific Northwest Salad | 32

Mixed Greens, Salmon, Grilled Shrimp,

Bacon, Olives, Vinegar & Olive Oil Vinaigrette